## KRISTEN PHANEUF

Height: 5'9 Weight: 140 lbs Email: kristen.a.phaneuf@gmail.com Phone: 267-261-3456

SAG-AFTRA | Sovereign Talent

FILM

FREE BIRD Kate (Lead) Zach Phaneuf / Pretty Penny Media
THE GRIEVANCE Alyssa (Lead) Jeff Goins / Pretty Penny Media
WE'LL FIND A WAY\* Natalie (Lead) Zach Phaneuf / Pretty Penny Media
KINGS Kristen (Lead) Josh DiCristo/ Jambalaya Productions

JUNIPERJones (Supporting)Sarah Nixon / UCLA FilmsHEAVY LUGGAGELisa (Lead)Jake Mattis / Penn Films

MONDAY Suzy (Supporting) Vincent "Chenzy" Graziano/ Graziano Productions

WHAT IT'S LIKE Hailey (Lead) Andrew Ray / Lightworks Films

BROKEN Jen Stacker (Lead) Jonathan DeMelkan / Demelkan Productions
THE DREAM MACHINE Seth's Crush (Supporting) Chelsea Graziano / Graziano Productions

\*Nominated Best Actress Los Angeles 48HFF 2022

\*Nominated Woman Filmmaker of the Year by Women In Film Los Angeles (WIF) 48HFF 2022

TELEVISION

DISNEY'S ZOMBIES Z-CAP Patron (Co-Star) Oren Kaplan / Disney Channel

WITH BUCKY

COMMERCIAL

Lists and Conflicts available on request

STAGE

US AND YOU\* Julia Hollywood Fringe Festival

MOTHER COURAGE & HER CHILDREN Kattrin Subsencion Theatre / Elise D'Avella
CHARLOTTE'S WEB Fern u/s Arden Theatre Company/ Whit McLaughlin
STEEL MAGNOLIAS Shelby Shawnee Theatre / Danielle O'Connor

CRIMES OF THE HEART

Babe

Shawnee Theatre / Bretteny Beverly

NEXT TO NORMAL Natalie Goodman The Little Theatre of Norfolk / Christopher Bernhardt

THE VAGINA MONOLOGUES Woman Philadelphia V-Day / Kathy Pacheo
MACBETH Donalbain Regent Theatre / Dr. Michael Kirkland

Additional Theatre credits available upon request \*World Premiere- Playwright and Actor

TRAINING

Scene Study: The Last Acting Studio- Desean K. Terry (\*currently) Commercial: Killian's Commercial Workshop- Killian McHugh

Improv: Groundlings Core Track- Intermediate (currently) Kevin Berntson

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Audition Technique: The Lyndon Technique-Amy Lyndon, Walnut Street Theatre- Brian Kurtas

B.A. THEATRE REGENT UNIVERSITY: Screen Acting: Mark Paladini CSA, Uta Hagen: Mark Paladini CSA, Meisner Technique: Marjorie

Peters , Suzuki Method: Jesus Moreno, Shakespeare: Adam Hamilton, Voice: Kathi Lee Wilson, Deb Grenywitz,

SPECIAL SKILLS

Combat: Sword and Shield SAFD Basic Pass 2015, Single Sword SAFD Basic Pass 2016, Theatrical Firearms Certificate SAFD 2016, Knife Workshop: Dr. Michael Kirkland. Mezzo Soprano, basic guitar, piano, music theory, and can whistle. Valid Drivers license, Valid Passport. Can horseback ride and hula-hoop.